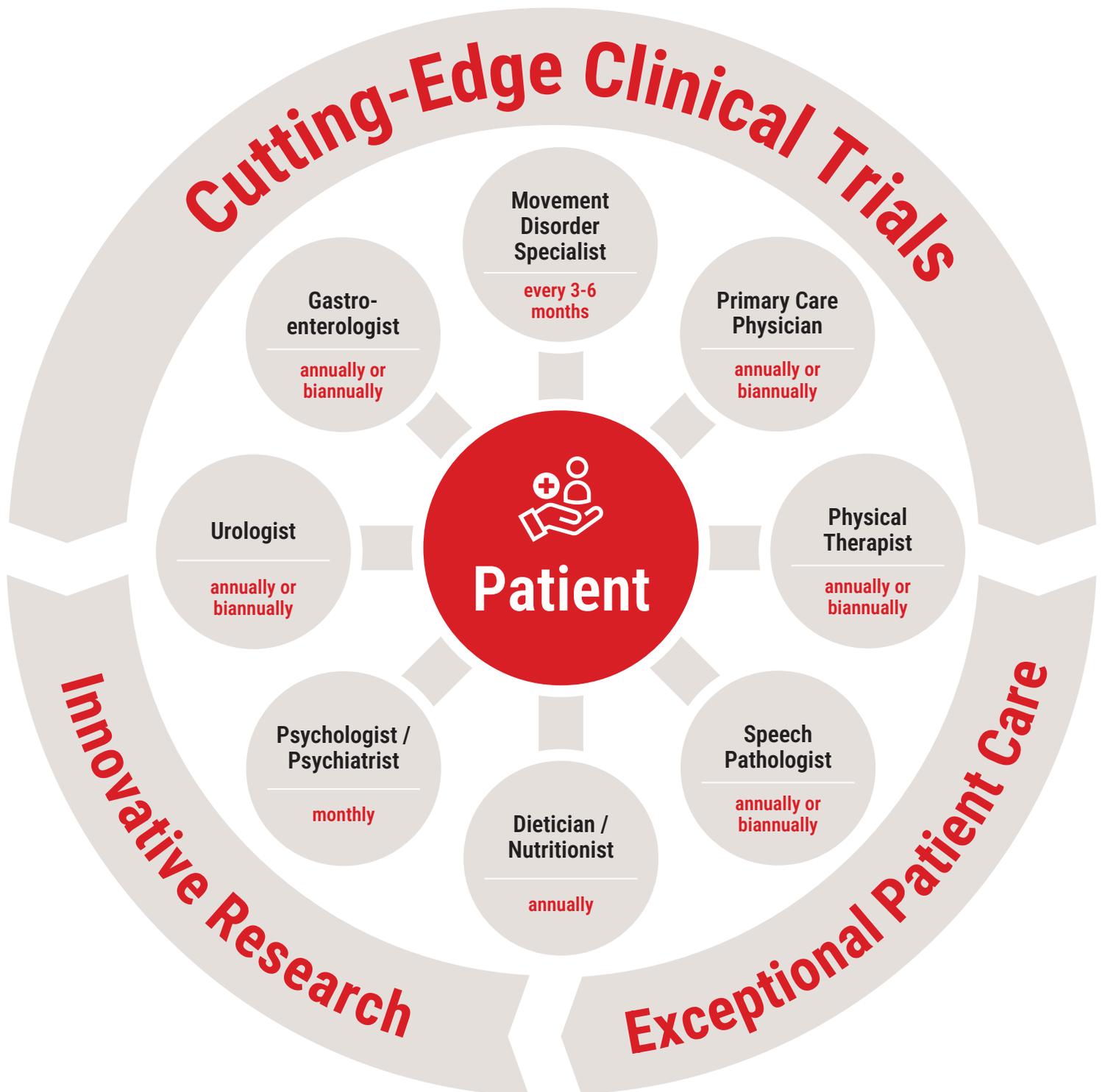




The NRI Patient's Circle of Care

When it comes to caring for Parkinson's, it truly takes a village – as you'll see below. But we believe there's something even more important than building a strong care team: being proactive in that care. Don't wait for your team to guide you – keep track of how various treatments are impacting you, learn about the various options available, ask questions, and fight for the best possible care.



Movement Disorder Specialist

Main doctor for Parkinson's patients who diagnoses disease, monitors progression, and manages treatments.

Sample Question to Ask:

- What are the latest treatment options or applicable clinical trials available for managing my symptoms?

My Specialist: _____

Primary Care Physician

Ensures patient's overall health needs are addressed – preventive care, routine screenings, other conditions.

Sample Question to Ask:

- What preventive care measures should I take to maintain my overall health?

My Specialist: _____

Physical Therapist

Designs mobility, balance, and strength treatments to manage symptoms and help maintain independence.

Sample Question to Ask:

- What exercise routines or assistive devices can help me with mobility?

My Specialist: _____

Speech Pathologist

Addresses speech issues as well as swallowing difficulties to improve vocal strength and clarity.

Sample Question to Ask:

- What exercises can I do at home to improve my speech clarity and volume?

My Specialist: _____

Dietician / Nutritionist

Provide dietary advice to manage symptoms, weight, and medication interactions to improve overall health.

Sample Question to Ask:

- Are there any foods or supplements that I should avoid taking due to my medications?

My Specialist: _____

Psychologist / Psychiatrist

Offers support through counseling and other treatments to help patients cope with emotional impact.

Sample Question to Ask:

- How can I improve my cognitive function and memory?

My Specialist: _____

Urologist

Manages issues like incontinence and urinary retention, which can be non-motor symptoms of Parkinson's.

Sample Question to Ask:

- How can I prevent urinary tract infections and other complications?

My Specialist: _____

Gastroenterologist

Addresses GI problems that are common in Parkinson's patients such as constipation and gastroparesis.

Sample Question to Ask:

- Are there lifestyle changes I can make to minimize potential GI problems?

My Specialist: _____



SCAN ME!

For more information on the various medical professionals we recommend including in your Circle of Care – including additional questions you should ask to receive the level of care you deserve – scan the QR code.